

Packing List

This is a guide for you to know what to bring. Please pack everything in 1 suitcase or bag. Campers are responsible for carrying their belongings to and from the cabins. Please label your child's things.

Bedding:

Sheets
Blanket
Pillow
Sleeping bag

Pajamas

Hat/Sunglasses
Flip-flops
Laundry bag - marked with the camper's name so that all dirty laundry

Clothing:

Shorts
Jeans
T-Shirts
Sweatshirt
Socks
Underwear
Towel/Washcloth
Tennis Shoes
Swimsuit/Goggles

Personal Hygiene Items:

Toothbrush
Toothpaste
Hairbrush
Deodorant
Bath Soap
Shampoo/Conditioner
Sanitary Hygiene Pads

Medication and Diabetes Supplies

- ✚ Bring all non-diabetes related medications in a clear plastic bag labeled with the camper's name. All medications must be in original containers with the pharmacy label or written prescription from the physical with dosing instructions.
- ✚ We will provide meters, test strips, lancets, lancing devices, insulin, pens, needles, insulin pumps, glucose tablets and alcohol pads. Campers should bring: CGM, replacement sensors and transmitter/chargers. Bring your insulin pump, charger, batteries, medical tape and ointments used.

PLEASE LEAVE AT HOME:

- ✓ Expensive clothing and jewelry
- ✓ Electronic devices. Campers will have an opportunity to use their cell phones in the evening times.
- ✓ Coolers and food/drink from home

ALL WEAPONS, ALCOHOL, TOBACCO, ILLICIT DRUGS, MATCHES, LIGHTERS, CANDLES, AND FIRECRACKERS ARE STRICTLY PROHIBITED. VIOLATORS WILL BE IMMEDIATELY EXPELLED FROM CAMP AND WILL NOT BE WELCOMED TO ATTEND FUTURE CAMPS.