



Bariatric Surgery Reversed Brenda Storms' Diabetes

Brenda Storms had struggled for years with diabetes, as well as obesity, stemming from her childbearing years. Traditional type-2 diabetes therapy never really helped, nor did exercise regimens for her weight. But her outlook changed dramatically after she underwent gastric bypass surgery at Cape Fear Valley Medical Center in June 2012.

The 53-year-old Bladen County schoolteacher lost more than 70 pounds in six months and she went from a size 20 dress down to size 11. Even better, she didn't need daily insulin shots and medication anymore for her skyrocketing blood sugar and cholesterol levels.

Her blood sugar numbers fell back to normal just two days after surgery.

"My endocrinologist was pleased as punch," Brenda said. "I couldn't get my numbers that low when I was on medication."

Brenda, a Native American, lost her mother, sister and brother to diabetes, all of whom died in their 50s. Now in her 60's, Brenda has achieved the long-term weight loss she always dreamed of, thanks to bariatric surgery.